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Here at Aroma we strive to make a difference—to design and distribute products that enhance and enrich people's lives.

Aroma offers an array of exceptional products to make cooking simple and satisfying. Discover other countertop appliances and cookware from our current product lineup to complement your kitchen.



/AromaHousewares

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Your rice cooker is the key to preparing hundreds of simple, tasty meals that your entire family is sure to love—we've compiled just a handful of them for you to try!

These set-and-forget recipes leave you with less time manning a hot stove and more time for the precious things and people that matter.

So pick a recipe, set the cooker, and relax with your favorite movie or book, positively knowing something delicious is mere minutes away from being on your dining table.

#### Note:

All cups referenced use the industry standard rice measuring cup. A rice measuring cup is equivalent to a  $\frac{3}{4}$  standard U.S. cup. (1 rice measuring cup =  $\frac{3}{4}$  U.S. cup)



Food should not be left in the cooker on Warm for more than 12 hours.

For additional recipes, visit us at www.AromaCo.com

# O1 PEANUT BUTTER OATMEAL

## **INGREDIENTS**

2 cups water

1/8 tsp. salt

<sup>3</sup>/<sub>4</sub> cup old-fashioned oats

½ banana, sliced

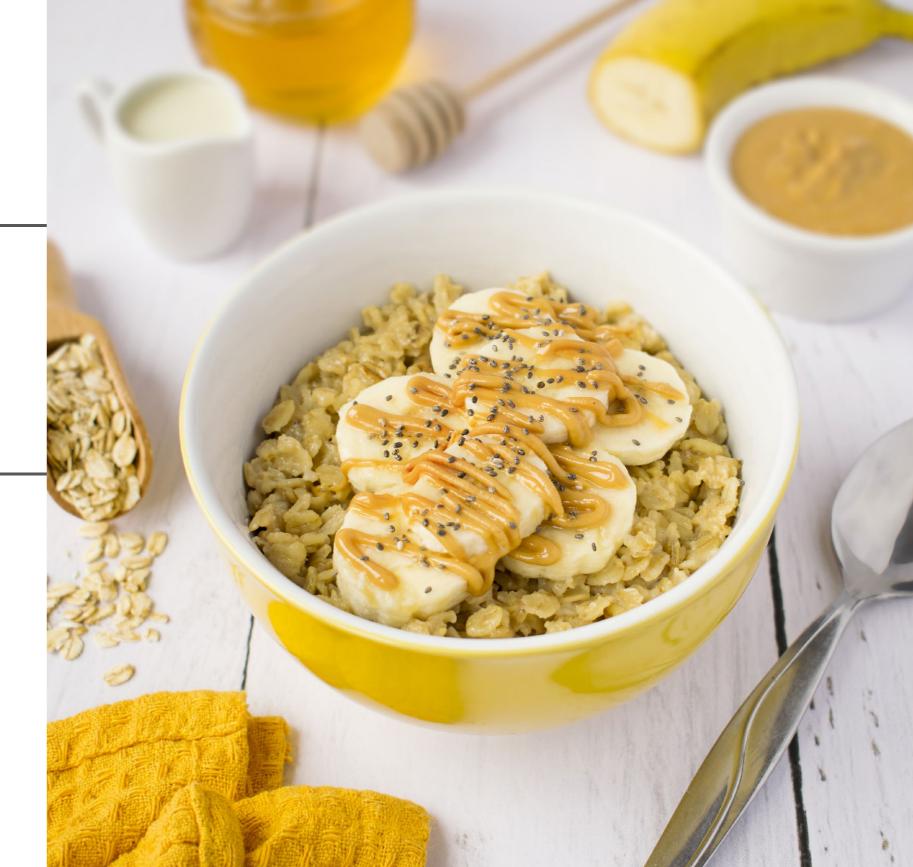
2 tbsp. creamy peanut butter

2 tbsp. honey

½ tsp. ground cinnamon

## **DIRECTIONS**

- 1. Add the oats, water and salt to the inner pot.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. After the cooker automatically switches to Warm, stir in the peanut butter, honey and cinnamon then top with the banana slices and serve.



## O2 STACKED ENCHILADAS

### **INGREDIENTS**

½ cup cooked chicken, diced
 ½ tbsp. green chili peppers, diced
 ½ cup black beans, drained and rinsed
 ¾ cup salsa
 1 cup cheddar cheese, shredded
 4 mini corn tortillas
 -- black olives, chopped
 -- green onions, avocado slices and cilantro, for garnish

### **DIRECTIONS**

- 1. In a small bowl, mix together the cooked chicken and green chili peppers.
- 2. Add 2–3 tablespoons of salsa to the inner pot. Top with a tortilla, a few more tablespoons of salsa, the cooked chicken mix, black beans, and shredded cheese. Repeat these layers until all ingredients are used.
- 3. Sprinkle additional cheese, chopped olives and green onions on the top layer.
- 4. Place the lid on top and press the cook switch down to begin heating.
- 5. When the cooker automatically switches to Warm, allow the enchiladas to rest for an additional 5 minutes then remove from heat.
- 6. Serve or garnish with more salsa, olives, green onions, avocado slices, and cilantro.

## ONE-POT PASTA

### **INGREDIENTS**

l cup	pasta (elbow macaroni, bow tie or corkscrew pasta)
cup	water or chicken broth
∕₂ cup	pasta sauce of your choice
∕₂ cup	shredded cheese of your choice
∕₂ tsp.	olive oil
'	basil leaves, for garnish

## **DIRECTIONS**

- 1. Combine all ingredients except the cheese in the inner pot.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. Carefully open the lid to stir occasionally with a long-handled heat-safe spoon.
- 4. When the cooker automatically switches to Warm, open the lid and stir in the cheese. Allow the cheese to melt by replacing the lid and cooking for an additional 5 minutes. Serve with more cheese and basil leaves if desired.

6. SERVES 2 7. SERVES 2

## 04 FRITTATA

## **INGREDIENTS**

2 eggs
1 slice deli meat of your choice, chopped
1 small tomato, chopped
½ cup spinach
½ cup cheese, shredded
1 pinch salt and pepper

## **DIRECTIONS**

- 1. Combine all ingredients in the inner pot and mix well.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. When the cooker automatically switches to Warm, allow the frittata to rest for an additional 5 minutes or until the eggs are fully set then serve.



8. SERVES 1-2

## CREAMY CORN EGG DROP SOUP

### **INGREDIENTS**

1 (7-oz.) can sweet cream-style corn

1 cup water

eggs 2

green onion, chopped (optional)

1 slice thick ham (optional)

## **DIRECTIONS**

- 1. Pour the corn and water into the inner pot.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. Allow the corn to cook for 15 minutes then remove the lid using caution.
- 4. Crack the eggs into a small bowl and beat. Slowly add the eggs to the inner pot while constantly stirring.
- 5. Serve and garnish with chopped green onions and sliced ham if desired.

## CALIFORNIA-STYLE EGG MUFFINS

## **INGREDIENTS**

1 tbsp. butter

whole wheat English muffin, halved

1 slice Canadian bacon

egg

-- avocado slices, for garnish

### **DIRECTIONS**

- 1. Press the cook switch down to begin preheating the inner pot. Add the butter and allow it to fully melt.
- 2. Cut a quarter-sized hole in the middle of the Canadian bacon and English muffin.
- 3. Once the butter has melted, first place the English muffin into the inner pot then top with the Canadian bacon slice. Crack the egg into the quarter-sized hole.
- 4. Place the lid on top and allow the cooker to heat until it automatically switches to Warm. If additional cooking is needed, let the sandwich sit in the inner pot on Warm for 5 minutes or until fully cooked.
- 5. Slide onto a plate and top with avocado slices, salt, pepper and paprika if desired.

10. SERVES 2 11. SERVES 1

# O7 CURRY COUSCOUS

## **INGREDIENTS**

½ tsp. olive oil

½ cup onion, chopped

1/4 cup red bell pepper, diced

2 garlic cloves, minced

½ cup couscous

1 cup chicken broth ½ tsp. curry powder

½ tsp. cumin

## **DIRECTIONS**

- 1. Press the cook switch down to begin preheating the inner pot. Add oil and allow it to heat for 3 minutes.
- 2. Add in garlic, red pepper and onions and cook for 5 minutes or until the onions are translucent.
- 3. Stir in the cumin, chicken broth, curry powder and couscous.
- 4. Place the lid on top and allow the couscous to cook until the cooker automatically switches to Warm then serve.



## O8 CREAMY CHEESECAKE

## **INGREDIENTS**

8 oz. cream cheese, softened
1 cup sugar
1 egg
½ tsp. vanilla
-- cooking spray

## **DIRECTIONS**

- 1. Beat the cream cheese, sugar, egg and vanilla with a mixer until the consistency is smooth.
- 2. Lightly coat the inner pot with cooking spray then pour the cheesecake mixture in.
- 3. Place the lid on top and press the cook switch down to begin heating.
- 4. When the cooker automatically switches to Warm, allow the cheesecake to rest for an additional 30 minutes.
- 5. Refrigerate for 2–3 hours then serve cold with mixed berries and whipped cream if desired.

## 9 STEAMED FISH ON RICE

#### **INGREDIENTS**

green onions, chopped
tbsp. olive oil
tbsp. soy sauce
tsp. brown sugar
tbsp. ground pepper
tbsp. cooking wine
cup white rice
cups water
white fish fillet (such as cod, tilapia, or pollock)

## **DIRECTIONS**

- 1. Add the white rice and water to the inner pot.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. Allow the rice to cook for about 10 minutes then place the fish fillet into the inner pot with a handful of chopped green onions.
- 4. Replace the lid and allow the cooker to complete its cooking cycle.
- 5. Combine olive oil, soy sauce, brown sugar, ground pepper and cooking wine in a small bowl then brush the mixture onto the fish and serve.

14. SERVES 1-2 15. SERVES 1-2

## 10 TERIYAKI SHRIMP & RICE

## **INGREDIENTS**

raw medium shrimp
sweet onion, chopped
frozen peas
frozen peas
samine rice
garlic clove, minced
fresh ginger, grated
water
soy sauce
tbsp. brown sugar

## **DIRECTIONS**

- 1. Add the onion, peas, rice, garlic, ginger and water to the inner pot and mix thoroughly.
- 2. Once all ingredients have been combined, place the shrimp on top.
- 3. Place the lid on and press the cook switch down to begin heating.
- 4. After the cooker automatically switches to Warm, stir in the soy sauce and brown sugar then serve.



16. SERVES 1-2

## 11 ONE-POT SPANISH QUINOA

## **INGREDIENTS**

1 Italian sausage link, sliced
1 tsp. olive oil
1 garlic clove, minced
1/2 cup quinoa
3/4 cup chicken broth
1/4 cup corn kernels
1/4 cup tomatoes, diced
1/2 tsp. chili powder
1 pinch cumin powder

1 pinch salt and pepper
½ avocado, diced
1 tsp. lemon juice
cilantro, for garnish

### **DIRECTIONS**

- 1. Add the sausage, olive oil, garlic, quinoa, chicken broth, corn, diced tomatoes, chili powder, cumin, salt and pepper to the inner pot and mix thoroughly.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. When the cooker automatically switches to Warm, fluff the quinoa slightly then serve with lemon juice, avocado and cilantro.

## 12 BBQ MEATBALLS

## **INGREDIENTS**

1 tsp. olive oil
6 oz. frozen meatballs
1/4 cup yellow onion, chopped
1/2 cup BBQ sauce
2 cups cabbage, shredded
1/4 cup cheddar cheese, shredded

## **DIRECTIONS**

- 1. Add the olive oil, meatballs, onion, and BBQ sauce to the inner pot and mix thoroughly.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. Allow the meatballs to cook for 10 minutes then using caution, remove the lid and mix in the shredded cabbage.
- 4. After the cooker automatically switches to Warm, stir in the cheddar cheese and cook for an additional 2 minutes or until all the cheese has melted then serve.

18. SERVES 1 19. SERVES 1-2

## 13 GOULASH

## **INGREDIENTS**

1 tsp. olive oil

1/4 cup yellow onion, chopped

1 garlic clove, minced

1/2 cup bell pepper, chopped

1/4 lb. ground beef

1/2 cup tomatoes, diced

2 tbsp. tomato paste

1 tsp. ltalian seasoning

1 cup elbow macaroni

¼ cup water
-- salt, to taste

## **DIRECTIONS**

- 1. Add all ingredients to the inner pot and mix thoroughly.
- 2. Place the lid on top and press the cook switch down to begin heating.
- 3. After the cooker automatically switches to Warm, add salt to taste then serve.



20. SERVES 1-2

## 14 CHOCOLATE PUMPKIN CAKE

### **INGREDIENTS**

½ cup pancake mix
½ cup water
¼ cup pumpkin purée
¼ cup chocolate chips
cooking spray

## **DIRECTIONS**

- 1. In a large bowl, whisk together the pancake batter and water. Once incorporated, stir in the pumpkin purée and chocolate chips.
- 2. Lightly coat the inner pot with cooking spray then pour the batter in.
- 3. Place the lid on top and press the cook switch down to begin heating.
- 4. Allow the cake to cook for about 20 minutes or until you can insert a toothpick into the middle and remove it with no batter sticking to it.
- 5. Serve warm with a drizzling of melted chocolate, powdered sugar, maple syrup, berries, or whipped cream.

## 15 SAUSAGE & EGG CASSEROLE

## **INGREDIENTS**

1/4 lb. ground pork sausage

2 large eggs

½ cup milk

¼ tsp. salt

¼ tsp. ground mustard

1 slice white bread, cubed

1/4 cup cheddar cheese, shredded

## **DIRECTIONS**

- 1. In a large bowl, beat the eggs then mix in the milk, salt and mustard.
- 2. Once combined, stir in the bread cubes, cheese and ground sausage.
- 3. Pour the egg mixture into the inner pot.
- 4. Place the lid on top and press the cook switch down to begin heating.
- 5. After the cooker automatically switches to Warm, allow the casserole to rest for an additional 25 minutes or until the eggs have set then serve.

22. SERVES 2 23. SERVES 1

# 16 SAUSAGE & LENTIL STEW

## **INGREDIENTS**

1 Italian sausage link, sliced
1/4 cup yellow onion, chopped
1/4 cup zucchini
1 cup carrots, cubed
1 celery stalk, sliced
1 garlic clove, minced

1/2 cup lentils
2 cups chicken broth
1/4 tsp. cayenne

½ tsp. smoked paprika
½ tsp. ground cumin
¼ tsp. dried oregano
2 oz. frozen spinach

## **DIRECTIONS**

- 1. Add the sausage and vegetables to the inner pot and mix thoroughly.
- 2. Press the cook switch down to begin heating.
- 3. Sauté the sausage and vegetables until the sausage is no longer pink.
- 4. Add the lentils, cayenne, cumin, smoked paprika, oregano, and chicken broth then place the lid on top.
- 5. After the cooker automatically switches to Warm, stir in the frozen spinach then press the cook switch down once more.
- 6. Allow the stew to cook until the cooker automatically switches to Warm again, then serve.



# 17 NAVY BEAN SOUP

## **INGREDIENTS**

1 Italian sausage link, cubed
1/4 cup yellow onion, chopped
2 garlic cloves, minced
1 cup fresh baby spinach
1 cup carrots, cubed
1 celery stalk, sliced
1/2 cup dry navy beans
1 bay leaf

1/8 tsp. dried rosemary
3 cups water
-- salt, to taste

## **DIRECTIONS**

dried thyme

- 1. Soak the navy beans in water overnight in the refrigerator.
- 2. Add the sausage, onion, garlic, spinach, carrots and celery to the inner pot and mix thoroughly.
- 3. Press the cook switch down to begin heating.
- 4. Sauté the sausage and vegetables until the sausage is no longer pink.
- 5. Add the soaked navy beans, bay leaf, thyme, rosemary, and water then place the lid on top.
- 6. After the cooker automatically switches to Warm, press the cook switch down once more.
- 7. Allow the soup to cook until the cooker automatically switches to Warm again, then add salt to taste and serve.





Let us do the cooking.